



# Navigating ADHD

Seminar and Question & Answer session for  
**ADD (Attention Deficit Disorder) Awareness Day**  
Wednesday September 20<sup>th</sup>, 2006

## **My Child Has ADHD, Now What?**

**Speaker: Diane Sugars**, Executive Director,  
The Learning Disabilities Association of BC,  
Vancouver Chapter

## **Adult ADHD - Realities and Roadmaps.**

**Speaker: Pete Quily**, Adult ADHD Coach,  
Vancouver Adult ADD Support Group Leader

**Date & Time: Wed. Sept 20<sup>th</sup>, 6:30 to 8:30 PM**

**Cost:** Free (donations welcome)

**Where:** GF Strong Rehabilitation Centre, 4255 Laurel St.  
(Lecture theatre, 1 block east of Oak St, 1 block south of King Edward  
Ave) Vancouver, BC.

For more info on this event and others visit our website or call 604-263-6997

**Website:** [www.addcoach4u.com/addawareness06.html](http://www.addcoach4u.com/addawareness06.html)

ADD/ADHD is an inherited neurobiological condition affecting 5% of adults (85% don't know they have it) and 8% of children.